

# Rosemount Cross Country "Irish Invitational"

Presented by WearYourHeroes.com

- Date** Friday, September 4, 2009
- Site** Rosemount High School Campus (near the stadium)
- Races**
- 9:00 am girls JV (2 miles) (unlimited entrants)
  - 9:25 am boys JV (2 miles) (unlimited entrants)
  - 9:50 am girls C (2 miles) (unlimited entrants)
  - 10:15 am boys C (2 miles) (unlimited entrants)
  - 10:40 am girls Varsity (2 miles) (limit 10 entrants)
  - 11:05 am boys Varsity (2 miles) (limit 10 entrants)
- Team Info** To get a form for entering your team by e-mail, go to the Cross Country page of [www.raceberryjam.com](http://www.raceberryjam.com), look for the meet in the schedule of Upcoming Events, and click where it says "Coaches: Click here" After you submit, a form will be sent immediately to you.
- Awards**
- Top 25 varsity individual awards (T-Shirts)
  - Top 25 JV individual awards (medals)
  - Top 10 C individual awards (medals)
  - Top varsity team individual awards (T-Shirts)
- Entry Fee** \$50.00 per team (\$100.00 for both girls and boys)--Checks payable to Rosemount Cross Country.
- Send to**
- Chris Harder**  
Rosemount High School  
3335 142nd Street West  
Rosemount, MN 55068
- Questions** Chris Harder (612) 845-2498  
or e-mail [chris.harder@district196.org](mailto:chris.harder@district196.org)